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Your essential daily news | THURSDAY, MAY 4, 2017

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CHIMAMANDA NGOZI ADICHIE
MANIFESTO FOR NEXT GENERATION FEMINISTS
metroLIFE

A resident rows a boat along St. Paul Street in Gatineau on Wednesday.
ALEX ABDELWAHAB/METRO

FLEEING THE FLOOD

GATINEAU

Environment Canada expects water levels to peak today

Alex Abdelwahab
Metro | Ottawa

More than 145 Gatineau residents have voluntarily left their homes because of flooding, as water levels have reached a 20-year high.

As of 4 p.m. Wednesday, 80 people had taken to the city's two designated shelters: Jean-René Monette Community Centre and Masson-Angers Service Centre. The Red Cross is managing both.

"By our place, we're about four feet of water," resident Marc Dorman said. He lives in the Riviera Street area and was using his boat to help his neighbours get to dry land. "Since this morning, we're taking the people and bringing them out ... and I'm helping a neighbour to get out all of his furniture from downstairs because the water is coming in."

Dorman said he's lived in the area for years and that this was the first time he had seen the water level so high.

Firefighters spent the day visiting residents and doing checks, both in trucks and in boats. Since Monday, they have performed 500 checks.

There is no imminent threat to people's safety, according to the City of Gatineau, so all evacuations at the moment are voluntary.

Gatineau Mayor Maxime Rednaud-Jobin is advising residents be prepared to leave their homes for several days.

Since Monday, the city has given out some 45,000 sandbags to residents to help mitigate the damage.

Water levels are expected to peak on Thursday, and Environment and Climate Change Canada is warning that the region may get 50 millimetres of rain by Friday.

The gas meters of 108 homes have had to be shut down and power has been cut in two homes.

More than 30 streets are closed to traffic and another 15 are open to local traffic only.

Among the closures, Saint-Louis Street is completely closed between Moreau Street and the Highway 50 ramp, eastbound. A detour is in place via De La Gappe Boulevard to access the highway.

The City of Gatineau is advising that vehicles coming from east of the Des Draveurs Bridge will not be able to access Highway 50. A detour is in place via Joseph-Bélanger Street and Gréber Boulevard.

THE CITY OF GATINEAU IS ASKING RESIDENTS FROM THE FOLLOWING STREETS TO VOLUNTARILY LEAVE THEIR HOMES

- Hurtubise Boulevard West
- Campeau Street, from 28 Campeau Street to Hurtubise Boulevard West
- Sabourin Street, from 72 Sabourin Street to Hurtubise Street West
- Versailles Street, from 82 Versailles Street to Hurtubise West
- Riviera Street
- Saint-Patrice Street, between Saint-Sauveur and Riviera streets
- Glaude Street, between Saint-Sauveur and Riviera streets
- Saint-Paul Street, between Saint-Sauveur and Riviera streets
- Saint-Sauveur Street

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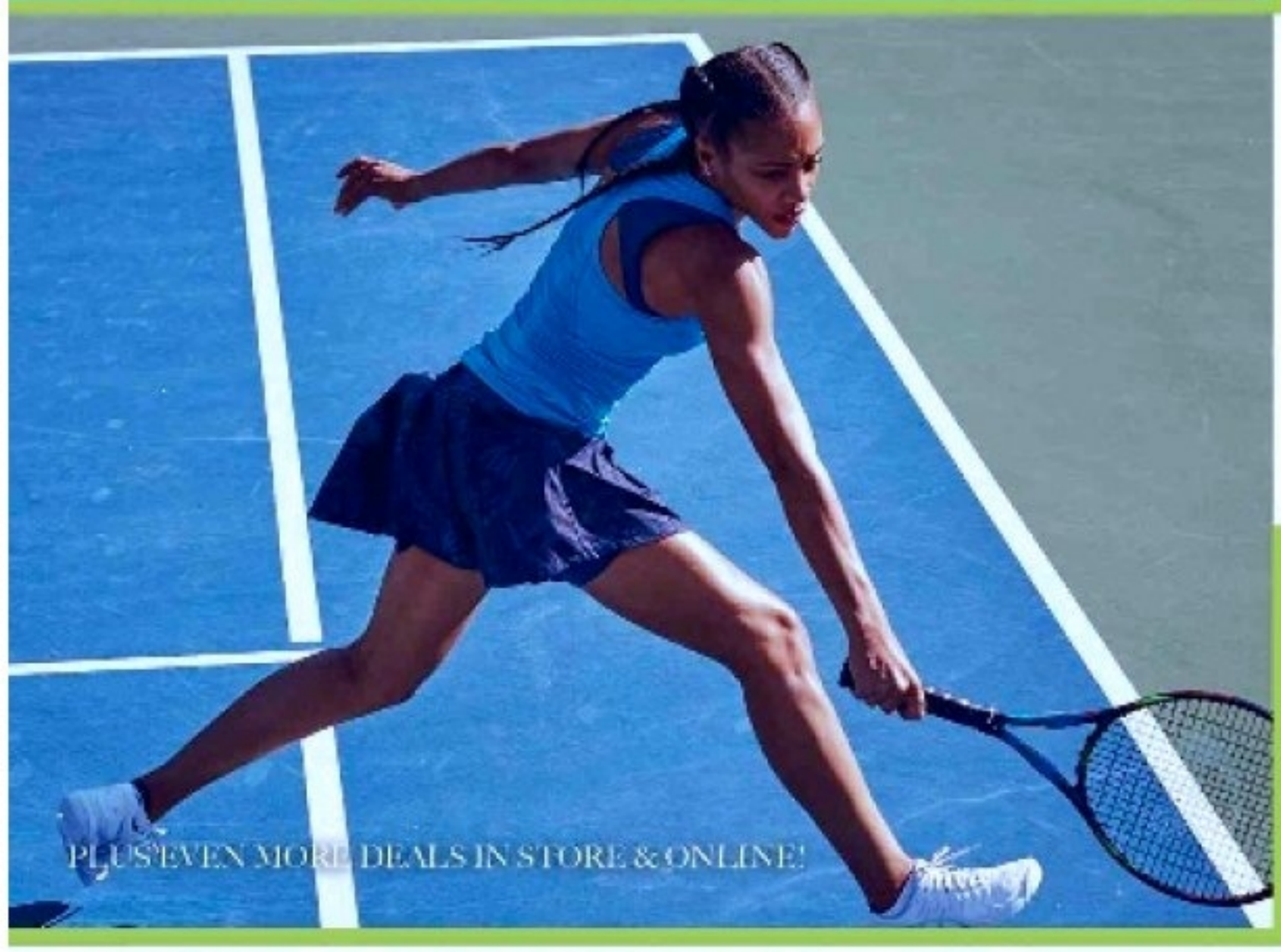

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metro NEWS

Your essential daily news

Member of mobster family shot to death outside home. **Canada**

2016 CANADIAN CENSUS

Planning ahead for retirement

DEMOGRAPHICS

Healthy older workforce a resource, says Louise Plouffe

Haley Ritchie
Metro | Ottawa

After nearly four decades in the workforce, 64-year-old Louise Plouffe of Ottawa is looking ahead to retirement.

Plouffe represents one end of the age-demographic spectrum that defines the Canadian labour force, which is in the throes of unprecedented change, according to Statistics Canada's latest census released Wednesday.

The ranks of seniors grew by 20 per cent between 2011 and 2016, the fastest rate the census has recorded in 70 years, the numbers show. The census counted 5.9 million seniors and 5.8 million youth in 2016, marking the first time there were more Canadians over 65 than 14 and under.

The proportion of Canadians aged 15 to 64 grew just 0.4 per cent between 2011 and 2016, its lowest since 1851, comprising 66.5 per cent of the population.

The agency expects that proportion to decline to about 60 per cent by 2031, when the youngest baby boomers turn 65. That gives Canada a few more years to benefit from what Statistics Canada calls a "demographic dividend": a growing labour force while other countries watch theirs shrink.

Louise Plouffe, Ph.D., Director of Research at the International Longevity Centre (ILC) Canada, in her office at the University of Ottawa in Ottawa on Monday. After nearly four decades in the workforce, 64-year-old Plouffe is looking ahead to retirement.
THE CANADIAN PRESS

Plouffe, who happens to be director of research with the International Longevity Centre Canada at the University of Ottawa, said governments need to tap into that growing natural resource and find ways to help older workers stay in the workforce for as long as they need.

"It's novel in human history. Older people are healthier than they have been in the past and represent a tremendous resource," she said. "Policies have to be adapted to help people remain healthy, active and independent as long as possible."

Ottawa's population, it turns out, is neither particularly young nor old. Its age proportions line up with national averages.

The majority of Canada's city residents, around 70 per cent, are between the ages of 15 to 65. Seniors make up another 15 per cent of residents, and children under 14 make up 17.2 per cent.

The percentage of children in Ottawa is 16.7 per cent, a smaller share than in 2011, though families in the city are continuing to have children at a rate slightly greater than the national average. Between 2011 and 2016, the number of children under 14 in the city grew by 4.7 per cent.

That's higher than both the national rate for the same age group (4.1 per cent) and the Ontario rate, which saw its under-14 population grow by 1.2 per cent.

Jonathan Chagnon, a Statistics Canada demographer, said big cities like Ottawa attract young families for a variety of reasons.

"For young people it's easier to move because there's more jobs and more schooling opportunities," he said. "They tend to stay and have children, so that's also why the population is a little bit younger."

By comparison, in the central Toronto census area, the under-14 population grew by just one per cent in the past four years. But in Calgary, the increase was much higher: 17.5 per cent.

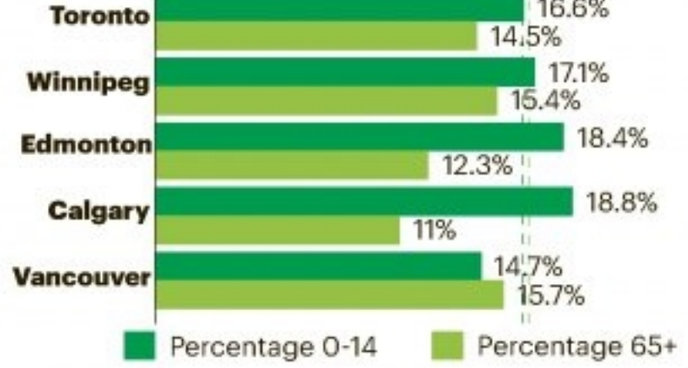
Chagnon said Ottawa's showing in the under-14 category can be explained, in part, by a quirk of methodology: While Ottawans, like Torontonians, often move out of the downtown core to have families, most of Ottawa's urban sprawl, unlike Toronto's, falls within the city's metropolitan census area.

"You'll see, for example, Kanata probably has a larger growth in younger people, but it's still inside the Ottawa metropolitan area," Chagnon said. "When families want to buy a first house, it's easier and cheaper to go a little bit farther. You don't see as many children in the downtown centre."

As in the rest of the country, Ottawa's most rapidly growing population by far is seniors.

Since the last census in 2011, the number of people older than age 65 is the population group that has increased the most, by 25 per cent. The number of people over age 85 increased by 20 per cent.

WITH FILES FROM THE CANADIAN PRESS



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Overdoses climb in 2017

HEALTH

Report shows increase in drug-related ER visits

Drew May
For Metro | Ottawa

A new report from Ottawa Public Health shows the number of people going to hospital emergency rooms for drug overdoses has increased slightly since this time last year.

Andrew Hendriks, manager of clinical services at OPH, said there were on average 22 emergency room visits per week because of overdoses in 2016.

In 2017 so far, that number has climbed to an average of 25. The report notes that the increase only started in January of this year.

In March 2017 there were 108 visits to Ottawa emergency rooms for drug overdoses and 319 this year in total. The total number for 2016 was 1,122 visits.

The OPH report says paramedics have administered 32 doses of naloxone for suspected opioid overdoses so far in 2017.

Kira Mandryk, a public health nurse and supervisor with Ottawa Public Health's Harm Reduction team, shows off naloxone nose spray. In 2017 so far, the number of emergency room visits per week for overdoses has climbed to an average of 25. ADAM KVETON/METRO FILE

Hendriks said that each day three or four people visit one of the city's four emergency rooms because of a drug overdose.

"The doctors can think it's from fentanyl or morphine or opioids or Percocets, but there's no way of really telling what people are presenting to emergency rooms with," he said.

Hendriks said one issue is with drugs that present an increased risk for overdose because they can be cut with stronger drugs like fentanyl.

He said the latest numbers are part of OPH's plan to track overdose and emergency room visits each month and release the numbers to the public.

32

Paramedics have administered 32 doses of naloxone for suspected opioid overdoses in 2017 so far, according to a new report published by Ottawa Public Health

URBAN PLANNING

Redesign on Elgin gets OK

The transportation committee has approved a $42-million reconstruction project on Elgin St.

The plan, which includes cutting the street from four lanes to two, adding trees and bus shelters, widening sidewalks and reducing the speed limit to 30 km/h, is an effort to make Elgin a complete street, committee chairman Keith Egli said.

The report was carried by committee on Wednesday with many added motions, including a plan to free up parking around Elgin for affected businesses. Another motion will add 90 flex spaces during peak periods to help mitigate the loss of parking due to the rejig of the roadway.

The city put together a working group of residents and business owners to give the public their chance to have a say on the redesign. The city hosted two public open houses that attracted 300 people and an online survey that garnered 1,000 responses.

JENNIFER MCINTOSH/METROLAND

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OFFICERS

Double standard in OPP investigation: Police union

Ryan Tumilty
Metro | Ottawa

The head of the Ottawa Police Association wants to know why senior members of the city's police department aren't being suspended while under investigation. OPA president Matt Skof told Metro that many officers have been suspended under similar circumstances.

Earlier this week, Chief Charles Bordeleau asked the OPP to launch an investigation after a lawyer representing a junior officer in the Ottawa Police Service raised concerns about how senior OPS members had acted during a 2014 investigation.

The investigation was related to a training accident that injured paramedics and officers. The province's Special Investigations Unit eventually charged three junior officers, but the charges were later stayed.

Bordeleau did not explain why he asked the OPP to investigate, but Metro has learned of allegations that officers gave misleading information to the SIU investigation.

Skof said the senior members, whom the OPA does not represent, should be treated no differently than lower-ranked officers.

"We're seeing this consistent double standard in regards to senior officers that the chief is not treating the same as officers at the Ottawa Police Association ranks," Skof said.

He said junior officers involved in past SIU investigations have been suspended and he doesn't understand why this case is different.

Academic group wants Ottawa to become a 'sanctuary city'

A group of 40 academics have signed an open letter to the mayor in support of making Ottawa a sanctuary city.

David Moffette, a signee and professor of criminology at the University of Ottawa said he was disappointed at some city councillors' antipathy toward the idea.

"We have a community of researchers and academics who are concerned with a shift towards more precarious and temporary immigration status," he said.

The letter asks the mayor to reconsider what it calls his opposition to making Ottawa a sanctuary city in which people receiving municipal services are not asked for their immigration or refugee status.

A statement from Mayor Jim Watson's office says the city's efforts are best spent on helping people facing significant hardship, such as those of Syrian refugees, and that any initiative must meet the legal and legislative requirements of the city.

Moffette said that despite the letter and support from other community organizations, he is not confident city council will pass a sanctuary-city motion.

"The next step is to work with the people who know the evidence is there and think we can do something with or without council." DREW MAY/METRO

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Pigeon lays eggs in needle 'nest'

David P. Ball
Metro | Vancouver

A high-ranking Vancouver police officer made a disturbing find this week in one of the city's notorious Downtown Eastside hotels, which have been in the news for their abysmal living conditions and neglect for years.

Supt. Michelle Davey, with the Vancouver Police Department, found a sinkful of used syringes in a single room occupancy (SRO) in the neighbourhood that had seemingly been turned into a pigeon's nest.

Three white eggs sat atop of dozens of used needles, which she insisted in a Tweet were not staged.

"Pigeons spotted making a nest out of needles in a DTES SRO room," she posted to her professional Twitter account Wednesday afternoon. "Sad reality of the opioid crisis fentanyl frontline."

That crisis has sparked a year-long public health emergency that's lately worsening — with February and March seeing a record nearly four people die every day from painkiller overdoses in British Columbia — totaling more than 1,000 killed in the past year.

Supt. Michelle Davey of Vancouver posted this photo of a sink of syringes and eggs to social media. TWITTER.COM

A solemn day in Fort Mac

WILDFIRE

Residents mark first anniversary of a tragedy

Residents of Fort McMurray marked the first anniversary of the wildfire that destroyed 10 per cent of the city with early-morning yoga classes, picnics by the river, visits with friends or — in some cases — nothing at all.

The fire in northern Alberta ignited deep in the bush on May 1, 2016, and exploded into a ferocious blaze that forced the evacuation of the entire city two days later.

More than 80,000 people fled as towering flames licked at their homes and crackled along the only highway out of the city.

"Everyone needs to do their own thing to mark this day," said Melissa Blake, mayor of the Wood Buffalo regional municipality that includes Fort McMurray.

Blake said more and more rebuilt homes are springing up with the warm weather, but she cautioned that full recovery will take years.

"If you drive through the neighbourhoods that were most impacted, you'll find a buzz of activity," Blake said Wednesday.

"However, these are still the early days of our recovery. We know that it's going to be a much longer process than any of us would ever want."

The majority of Fort McMurray was spared, but flames consumed nearly 2,600 dwelling units, which were mostly residential.

The municipality has said that as of April 27, 652 rebuild permits had been approved. Almost three dozen families moved into new homes as of last month.

> We got through it. It's all good. We're safe. That's the main thing.
> Marlene Gould

Alberta Premier Rachel Notley said it was a day to mourn two young people who died in a highway crash as they fled — Emily Ryan, 15, and Aaron Hodgson, 19.

"We also mourn all that the fire took from people: their homes, their baby photos and all the belongings that helped to anchor so many cherished memories," she said.

She said people always ask about the oilsands city no matter where she travels.

"People from the U.S. to China to Japan are inspired by you and inspired by the bravery, the strength and the resilience that this community did show and continues to show."

Fire Chief Jody Butz said he was spending a lot of the day supporting members of the department and reflecting on the outpouring of support they received.

"Me and my family, we're going to stay low key," he said. "It's important that we recognize and remember what was a year ago, but it's more important that we move on and focus on the positives."

Leesa McLeod, who manages community wellness for the municipality's recovery task force, said some residents wanted to tune out the anniversary, while others wanted to acknowledge it.

Tents were set up in a riverside park where residents could drop in for yoga, painting or dance classes from dawn until dusk. The day was to be bookended with a pancake breakfast and a community barbecue.

"We didn't want to celebrate the day. That was the wrong term," said McLeod.

"It's important to mark the day because tomorrow it starts fresh. It's almost as though it was New Year's Eve and tomorrow is a fresh day for us."

Firefighter Sam Samson, who dropped by with a group of friends, said it's been an emotional year. His wife, Marlene Gould, said the most stressful aspect of the fire was worrying about Samson.

"There were moments I thought I would never see him again," she said. "But we got through it. It's all good. We're safe. That's the main thing."

THE CANADIAN PRESS

Residents leave messages of thanks during the anniversary of the wildfires in Fort McMurray, Alta., on Wednesday. JASON FRANSON/THE CANADIAN PRESS

HAMILTON, ONT.

Member of mobster family shot to death

A member of a notorious Ontario mobster family has been gunned down outside his home in what police are calling a targeted shooting.

Hamilton police said Angelo Musitano, 39, was shot multiple times as he sat in his pickup truck in his driveway in the community of Waterdown around 4 p.m. on Tuesday.

The suspect — described by police as a stocky man — took off in a dark sedan, police said. Paramedics took Musitano to the hospital, where he later died.

Det. Sgt. Peter Thom said Musitano was a member of a well-known crime family in Hamilton.

Musitano and his brother, Pat Musitano, were charged with first-degree murder in the 1997 deaths of Hamilton crime boss Johnny "Pops" Papalia, and his associate, Carmen Barillaro.

THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD NO. 93

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The Manitoba Legislative Building is one of the most amazing buildings in Canada. I recommend it to everyone visiting Winnipeg, but be sure to see the interior as it is even better than the exterior.
Patrick McNeill

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Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

Floodwaters from Lake Ontario fill a yard along Edgemere Drive, in Greece, N.Y., this week. THE ASSOCIATED PRESS

Lake flood, plan linked

NEW YORK STATE

New regs launched just before massive rainstorms

Four months after an international body approved a new plan to regulate Lake Ontario's water level, property owners who had claimed the rules favoured muskrat lodges over lakeside homes are piling sandbags against just the kind of floodwaters they had feared.

But a joint U.S.-Canadian commission says its new rules aren't to blame. It contends the lake is at its highest level in 24 years because of near-record spring rains.

Republican politicians who had lobbied against the regulations known as Plan 2014 are now calling on President Donald Trump to roll back the rules, which were promoted by environmentalists and adopted by the International Joint Commission in December after 16 years of study and discussion.

Democratic Gov. Andrew Cuomo travelled to the area Tuesday to get a firsthand look at the flooding that has affected hundreds of homes and businesses. He said the state is formally appealing to the International Joint Commission to release additional water through the Moses-Saunders Dam on the St. Lawrence River to lower Lake Ontario levels.

The commission must consider the impact of releases on downstream communities in Quebec, including the city of Montreal, where rain-driven flooding has prompted some evacuations.

Biologists say more naturally fluctuating water levels will help restore 64,000 acres of wetlands that are home to muskrats, spawning grounds for fish and natural buffers for storm surges. The plan is also expected to lengthen the boating season, rebuild dunes and generate more hydro power.

But the environmental benefits will happen gradually over a decade. Flooding is happening now. THE ASSOCIATED PRESS

FRANCE

Le Pen, Macron pull no punches in debate

Looking to land — but not receive — a knockout blow, French presidential candidates Emmanuel Macron and Marine Le Pen faced off Wednesday night in a high-stakes debate on live primetime TV.

Both candidates came out swinging, in their last best chance to plug their polar-opposite visions and plans for France to the cohort of undecided electors who could sway Sunday's vote.

Le Pen painted the former banker and economy minister as a servant of big business and finance, and declared herself "the candidate of the people, of the France that we love." He painted the far-right nationalist as an empty shell, shaky on details and seeking to profit politically from the anger of French voters — a dominant theme of the campaign. Trailing in polls, Le Pen needed a knockout blow in the debate to eat into Macron's lead. He topped round one, nearly three points ahead of Le Pen.

THE ASSOCIATED PRESS

GLOBAL DIGEST

ITALY

Vaccine debate heats up

The vaccine debate is heating up as Italy deals with a measles outbreak, an anti-vaccine campaign and a scandal involving a nurse who claimed for years to have inoculated children but didn't.

Authorities are recalling up to 7,000 children in northern Italy to be revaccinated after determining some didn't receive the necessary doses. AP

MICHIGAN

Presidential centre renderings unveiled

The Obama Foundation unveiled plans for the former president's lakefront presidential centre in Chicago, including a tower-like museum.

"The Obamas want to create a safe, warm, inviting place that brings people in ... and inspires them to create change," said foundation chairman Marty Nesbitt. AP

WASHINGTON, D.C.

FBI director defensive

Under fire from Democrats and repeated questions from the Senate Judiciary Committee Wednesday, FBI Director James Comey insisted he was consistent in disclosing information about an investigation into Hillary Clinton's emails before Election Day while keeping quiet about a probe into possible contacts between Russia and the Donald Trump's campaign. AP

BRITAIN

May accuses EU of trying to influence elections

British Prime Minister Theresa May on Wednesday accused European Union officials of trying to influence the June 8 U.K. elections. Her comments follow leaked comments suggesting the EU thinks Britain is not facing reality about the conditions of Brexit. May vowed to be a "bloody difficult woman" in Brexit talks.

THE ASSOCIATED PRESS

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metro VIEW
Your essential daily news

Vicky Mochama Ishmael Daro

Safe Space
New episode May 5 featuring Kady O'Malley and Sydanie Moon

CHANTAL HÉBERT ON THE END OF SUNNY WAYS

Debate has essentially defaulted to a dialogue of the deaf that allows for little or no reasoned arguments.

So much for sunny ways! As Justin Trudeau's government nears the halfway mark of its first mandate, finding some willingness to engage in adult conversation on either side of the House of Commons is almost as hard as it was on the worst days of the previous Conservative government.

Since the new year, the tone has steadily deteriorated, and if this week is anything to go by the climate is bound to become more toxic until Parliament finally breaks for the summer.

In question period, debate has essentially defaulted to a dialogue of the deaf that allows for little or no reasoned arguments. The opposition squawks loudly at a flock of government parrots.

This week the government rescheduled a Conservative opposition day from Thursday to next Monday. The official Opposition wants to use the time to turn up the heat on Defence Minister Harjit Sajjan for having aggrandized his role in the planning of a major military offensive in Afghanistan. Conservatives and New Democrats have spent the week calling for his resignation. The Liberals hope that by next week the story will have run out of steam.

All this is unfolding against the backdrop of a procedural war over a clumsy Liberal attempt to tweak some of the rules of the House to the government's advantage. Such is the bad blood between the opposition and the Liberals that when the latter waved a white flag and abandoned their most contentious proposals, none of the other parties would pause long enough to claim victory.

While the parties wrangle, the government struggles to advance its legislative agenda. Not that it is particularly impressive. The spring sitting will mostly be remembered for broken or missing-in-action Liberal promises.

Take Trudeau's commitment to give the Parliamentary Budget Officer more independence. The legislation brought forward by the government would instead further clip the already short wings of the PBO.

The malaise that has overtaken Parliament Hill has root causes on both sides of the House.

For all the talk about running a more collegial operation, Trudeau's government is as centralized as its predecessors. Nothing much happens without a green light from the PMO.

Since Donald Trump's election, Trudeau's inner circle has had its hands full trying to keep up with the changing moods of the American president. Just last week the prime minister's top aides — Katie Telford and Gerald Butts — flew to Washington in a hurry to take stock and, if possible, mitigate a Trump-induced NAFTA storm.

But while Trudeau's brain trust is watching the White House, it can't always have its eye on the many other balls that a cabinet dominated by political rookies is liable to drop.

Liberal strategists believe the price to pay for having dumped the commitment to change the voting system will not be high in the next election. Perhaps, but they may have underestimated the parliamentary cost of squandering a serious amount of opposition goodwill and trust in the process.

Trudeau's reversal accounts for part of the cement that binds the New Democrats to the Conservatives in the opposition battle against the Liberal rule changes.

With the election of Stephen Harper's successor less than a month away, the Conservatives are not looking to tie the hands of their next leader. While they pile on an embattled minister or engage in procedural warfare, they are spared having to come up with a caucus consensus on divisive issues like the future of Canada's supply management approach to dairy and poultry, or the government's cannabis legislation.

Over on the NDP side Thomas Mulcair's prolonged last hurrah as party leader is turning into an outlet for a lot of pent-up anger. Much of it is directed at Trudeau, a counterpart that Mulcair saw as a political weakling when they sat side by side in opposition and, by all indications, still sees him that way now that he is prime minister. The animosity between the two is not just for show.

With every passing week Mulcair's tone seems to become more strident — to the point that it sometimes overtakes the substance of his arguments. On Tuesday, the NDP leader had to apologize for calling Liberal House leader Bardish Chagger a buffoon.

As counterintuitive as it may seem, it may take the arrival of two permanent opposition leaders to bring a small measure of sunnier ways back to Parliament Hill.

DIM THE LIGHTS As he reaches the midway point of his tenure, Justin Trudeau's sunny ways no longer shine in Ottawa, writes Chantal Hébert. THE CANADIAN PRESS

Since the New Year, the tone has steadily deteriorated.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

Watching out for Facebook's 3,000 new watchers

Vicky Mochama
Metro

In response to a spate of murders, sexual assaults and suicides streamed on Facebook Live, Mark Zuckerberg announced that the company will hire 3,000 more people to monitor content on the site.

It's a necessary step that should be applauded.

But who will watch out for the watchers?

There is plenty that is troubling in the world, from gender-based violence to mental health issues, and these existing societal problems are finding an audience on Facebook.

It comes down to a couple thousand people at the companies we all use — Facebook, Twitter, Instagram — to see the worst so the rest of us don't have to.

Facebook already has 4,500 staff to moderate the site. That's nearly a quarter of its workforce dedicated to reviewing the posts, photos, comments and live videos of over 1.23 billion daily users.

The deluge isn't just the celebratory parts of people's daily lives — brunches, birthdays and bar mitzvahs — but also their traumas and terrors.

In Thailand, a man murdered his baby daughter before killing himself, all streamed live. A sexual assault in Chicago and a murder in Cleveland were both posted live to Facebook. A Nunavut man streamed his desire to die by police; he died hours later. And in Manitoba, a community is reeling after a teen girl was killed, and video appearing to show young people attacking the victim was shared repeatedly on the social network.

The volume of content is overwhelming. And increasingly, the people who delete objectionable content are overseas in places like the Philippines.

Facebook isn't the only company struggling to cope, and theirs won't be the only employees burdened by the work of keeping the Internet relatively clean.

While there is technology that identifies child pornography, its results still have to be verified by human beings.

In a case filed last December, two men are suing Microsoft for the PTSD and related mental health issues they are experiencing after moderating content for the company. Their work in keeping violent images, especially child abuse, off the Internet has, they allege, made them unable to work and be fully functioning members of their families.

Their complaint alleges that the company's mental health supports weren't sufficient.

There isn't yet technology to remove the kind of violent and damaging live-streaming video that has been making headlines. Companies like Facebook have to rely completely on human staff.

Whatever it does about Facebook Live, it shouldn't do so at the expense of the mental health of its employees.

Facebook does have a process to support content reviewers. But as it hires more people — and potentially, more overseas support in countries with less robust health services — it must ensure that the issues it's fighting online don't end up doing more harm in real life.

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metro LIFE

Your essential daily news

Paris Jackson, Michael Jackson's daughter, will make her movie debut in an as-yet-unnamed comedy

A new feminist creed for 2017

Chimamanda Ngozi Adichie has been a rising feminist star in popular culture since her 2013 TEDx Talk, We Should All Be Feminists. CONTRIBUTED

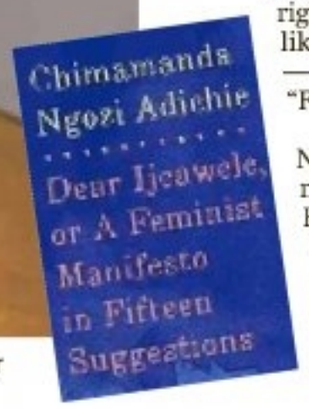
BOOKS

Chimamanda Adichie's new manifesto: 'Be a full person'

Sue Carter
For Metro Canada

Two weeks ago, at a panel at the Tribeca Film Festival, the cast of the new TV series The Handmaid's Tale was asked a question that set social media on fire: Did they think the show was feminist?

Answers ranged from dodging to denial, but ultimately it seemed no one on stage wanted their show — about a dystopian society where women have been stripped of their rights and are treated like breeding chattel — associated with the "F-word."



Chimamanda Ngozi Adichie has not yet watched The Handmaid's Tale. But as one of the world's most high-profile feminists, she is not surprised by the actors' reactions or distancing from the word, especially following the Trump election in the U.S.

As the Nigerian-American author of the critically acclaimed Half Of A Yellow Sun and Americanah, Adichie's name has become synonymous with that divisive F-word. Publicly, it started with her 2013 viral TEDx talk, We Should All Be Feminists. Two years later, a bestselling book form was published. Later, a sample from her talk made its way into Beyoncé's song Flawless. And that is how a feminist star is born.

Adichie's latest book, Dear Ijeawele, or A Feminist Manifesto in Fifteen Suggestions, started as a personal project for a friend seeking advice on how to raise her infant daughter. The slim book reads more like an intimate letter than a rigid manifesto, but Adichie had another purpose in mind while writing: "to reclaim the word feminism" from those who try to use it as a weapon, and for those who believe they don't fit into a prescribed version of what a feminist looks or acts like.

As the mother of an 18-month-old girl, Adichie believes the most difficult and important suggestion is the book's first, addressed to Ijeawele: "Be a full person."

Adichie considers herself a lifelong feminist, which she traces back in part to the influence of a strong grandmother and auntie in Nigeria. But she didn't learn the meaning of the word until she was a teenager and a boy dismissively called her one. Since she was a young child, she did know she wanted to be a storyteller, always seeking out quiet places to write. For her many fans, Adichie represents a new generation of activists, one that loves fashion and can become the face of a cosmetic line. One that fights against the exclusiveness of traditionally white Western feminism that dismisses anyone who hasn't read the right academic texts, says Adichie.

Declaring yourself a feminist can take its toll, as Adichie learned. She purposely limits her exposure to social media and clickbait. And there are the physical demands: "I get invited to every bloody feminist conference," she jokes. She doesn't resent her new role, but rather that it's necessary, and that it takes time away from her daughter and her much-needed writing time. "I'm still a storyteller primarily," Adichie says. "I know it sounds naïve, but I want to change the world. I want to make the word 'feminism' redundant, and the movement no longer needed."

Sue Carter is the editor at Quill & Quire magazine.

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- ◯ Tulip Festival mannequin
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Trump's advice book for career women

CELEBRITY

Self-help book is a different turn for the First Daughter

Ivanka Trump's first foray into self-help writing came in 2009 with The Trump Card, a breezy compilation of workplace advice, stories about her dealmaker dad and a hefty dose of celebrity namedropping. But in her second book, released Tuesday, Trump has gone from sassy to serious.

Women Who Work: Rewriting the Rules for Success offers earnest advice for women on advancing in the workplace, balancing family and professional life and seeking personal fulfilment.

A look at her advice from both books:

WORKPLACE TIPS

Then: Trump offers advice on technology — "check your BlackBerry or iPhone only on the quarter hour" — and warns against "loose-lipped, ill-considered emails." She gives negotiating tips, such as "be aware of your physical presence" and "understand that people ask for more than they expect to get." She talks about networking and building a brand, based on her jewelry line experience.

Now: Trump also discusses how to juggle career and family and live a more purposeful life. She encourages readers to think about how they personally define success, and talks about setting goals, seeking mentors and establishing boundaries. She writes: "Long term, we aren't remembered for how late we stayed at the office, how many buildings we developed or deals we closed."

TIME MANAGEMENT

Then: Noting she was always looking for an "edge," Trump said that "as long as I can remember, I've been in the habit of coming into the office on Sundays." She added that while she didn't expect employees to follow suit, "you'd be surprised at how quickly your employees will fall in line behind you when you set this kind of example."

Now: In a chapter called "Work Smarter, Not Harder," she says that when she became a mother she realized that she needed "to set healthier boundaries for myself and stick to them."

She encourages seeking accommodations at work, like asking for flextime or working remotely. "Divorcing ourselves from the reality that we all have full lives isn't useful or sincere."

GETTING PERSONAL

Then: She dishes about growing up as Donald Trump's daughter. Michael Jackson — at the time a Trump Tower resident — apparently attended a performance of the Nutcracker in which she danced as a child.

Another memory: attending a Mike Tyson fight in Atlantic City, N.J. with her father and watching him try to calm an angry crowd after Tyson knocked out his opponent in 91 seconds.

Now: There is less colourful insight, but Trump does share a few family moments, such as practising her speech for the Republican National Convention with her three children on the couch. Trump, who converted to Judaism when she married Jared Kushner, discusses observing the Jewish Sabbath from sundown Friday to Saturday night, saying it is "important to unplug and devote that time to each other."

GUEST STARS

Then: Focusing on business success, Trump includes short essays from a variety of executives, featuring record producer Russell Simmons and Arianna Huffington, founder of The Huffington Post.

A guest writer she probably wouldn't include in the new book: former Fox News Channel executive Roger Ailes, who resigned last summer following allegations that he made unwanted sexual advances against women, which he has denied.

Now: Trump looks more to academics and experts on women in the workforce, in addition to celebrities and politicians. She quotes Anne-Marie Slaughter, who five years ago wrote a popular essay in The Atlantic magazine on why she left a job in the State Department during President Barack Obama's administration to spend more time with her family, and Facebook executive Sheryl Sandberg, who wrote the book Lean In, urging women to take charge of their careers. THE ASSOCIATED PRESS

Eight years after her first book, Ivanka Trump has a more mature outlook on women and work-life balance. CONTRIBUTED

ETHICS QUESTION

Ivanka Trump has stressed that the book is a personal project written before her father, Donald Trump, was elected president. Citing federal ethics rules, she has said she will not do a publicity tour, saying she wanted to "avoid the appearance of using my official role to promote the book."

Still, Trump tweeted on Monday and Tuesday from her personal account about the book. And she appeared on CBS on Monday and was interviewed for a New York Times article that was published in Tuesday's paper. She did not mention the book in either case, but critics noted the timing.

"We never would have allowed it," said Norm Eisen, President Barack Obama's chief ethics attorney, who said that any of these moves could be viewed as using her official position for promotion. THE ASSOCIATED PRESS

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metro HOME
Your essential daily news
Anish Kapoor's endless whirlpool in Brooklyn Bridge Park opened yesterday

MEET THE CONDO

Elegant, amenity-rich living in Kanata

DETAILS

What: Two The Parkway
Builder: Morley Hoppner
Architect: Barry J. Hobin and Associates
Location: The Parkway and Teron Rd.
Building: Condominium
Models: One and two bedroom units, penthouse units, garden units
Sizes: From 675 to 1,730 square feet
Pricing: Starting at $399,999
Status: Now selling
Occupancy: Anytime
Sales centre: 2 The Parkway, Kanata
Phone: (613) 519 -1355
Website: twotheparkway.com

CONTRIBUTED

Project overview

Morley Hoppner's newest build, Two the Parkway, has only 11 units left for sale. First occupancy took place late in 2016 and construction was fully completed in early 2017. Located in Beaverbrook in Old Kanata, this condo is one of the most elegant in the area.

Housing amenities

The building offers many amenities, including a gym, guest suite and plenty of entertainment space that can be reserved for your special events. Units also offer private terraces, expansive windows and built-in gas hook ups for your barbecues.

Location and transit

Public transit to the downtown core is easily accessible. With the Eagleson Park and Ride Station just minutes away, several rapid transit and express routes are available for commuters. For those who drive, the Queensway is close.

In the neighbourhood

Dining options and shopping centres, such as Centrum Plaza, are nearby. The Canadian Tire Centre as well as many golf courses are close. The area also offers paths for walking, cycling and running for those who love the outdoors. JENNA GUILBEAULT/FOR METRO

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metro SPORTS

Celtics star Isaiah Thomas — who had 53 points in Game 2 against the Wizards — says he's been getting tips from Kobe Bryant

IN BRIEF

Brandon Roy among four shot at party in Compton

Authorities say former NBA player Brandon Roy was shot while attending a party over the weekend.

Los Angeles County sheriff Lt. Joseph Williams said Wednesday that Roy was one of four people shot in Compton on Saturday. Williams added all four victims were shot in the upper body but suffered non-life-threatening injuries.

THE ASSOCIATED PRESS

Hernandez's SUV taken off the auction block

The SUV prosecutors say Aaron Hernandez was in when the ex-NFL star killed two men is no longer up for auction.

Westford Auto Sales owner Buddy Clair tells The Boston Globe that eBay pulled the ad on Tuesday night. Clair was handling the sale of the Toyota 4-Runner on behalf of the owner, a car dealer who leased the vehicle to Hernandez as part of a promotional agreement.

THE ASSOCIATED PRESS

Woman hit by stray bullet at Cardinals game

Police are investigating after a woman attending a St. Louis Cardinals baseball game at Busch Stadium was struck by a stray bullet.

Police say the 34-year-old victim felt pain in her arm and went to a first-aid station for treatment. A bullet was later found near her seat. THE ASSOCIATED PRESS

'I didn't see a big issue with the play'

2017 NHL PLAYOFFS
CONFERENCE SEMIFINALS

Rangers view hit on Pens superstar as unfortunate

Tanner Glass knows collisions happen when an NHL player goes hard to the net. That's why he calls the high-speed hit which left Pittsburgh Penguins superstar centre Sidney Crosby with a concussion an unavoidable incident.

Crosby was hurt when he was hit in the head by Washington's Matt Niskanen in Game 3 of their East semifinal on Monday. Glass, who played with Crosby over two seasons in Pittsburgh, said there was no malicious intent on the part of the Capitals defenceman.

"I didn't see a big issue with the play," Glass said following the Rangers' practice at Madison Square Garden Wednesday afternoon following their 4-1 win over Ottawa in Game 3 of their Eastern Conference semifinal.

"As far as what Niskanen did, you see that play all the time. (He has) two hands on his stick when a guy comes towards you, you stiffen up and push back a little bit. Unfortunately he caught him in a bad spot."

Sidney Crosby lies prone on the ice after a cross-check to the head from Matt Niskanen on Monday. Niskanen avoided discipline from the NHL. GENE J. PUSKAR/THE ASSOCIATED PRESS

Niskanen was given a major penalty and game misconduct for the hit, but avoided further discipline from the NHL.

Was there anything Niskanen could have done differently in that situation?

"It seems like a quick, high-speed play. Obviously you try not to get your hands in somebody's face, or the stick," Rangers defenceman Brendan Smith said. "Any time that happens you're probably going to the box. It's just unfortunate there was an injury from it. More or less (it's a) first reaction. Sometimes you brace yourself and that could happen. Sid was down low. Those things happen. That's the game of hockey."

The Rangers and Senators resume their series Thursday night in New York, with Ottawa leading 2-1.

Senators coach Guy Boucher said Zack Smith and Bobby Ryan were day-to-day before noting he "did not see" Ryan "not playing" Game 4. Boucher also hinted Tom Pyatt and Chris Wideman could dress Thursday night.

Rick Nash didn't participate in New York's practice. Alain Vigneault called it "maintenance," and added Nash "would be good to go" for Game 4 Thursday night. THE CANADIAN PRESS

> **The game's so fast that at times you just react and stuff happens.**
> Rangers defenceman Brady Skjei

CONCUSSIONS

Concerns mount over Sid's future

Having suffered at least four concussions himself, former NHL forward Keith Primeau has a good idea of what injured Pittsburgh Penguins superstar Sidney Crosby is going through.

Head injuries eventually forced Primeau from the game in 2006. He had tried for over a year to get back in the Philadelphia Flyers lineup but was eventually told that it would be best if he stopped playing.

Primeau retired a month later.

"If I knew then what I know now, the ultimate decision would have been for me to call it quits earlier," Primeau said. "But there was no chance that I was ever going to do that. How do you convince somebody? You're playing a little bit of Russian roulette."

Keith Primeau GETTY IMAGES FILE

Crosby suffered what's believed to be the fourth concussion of his career Monday night against the Washington Capitals. His return date is uncertain.

The time may be approaching, doctors suggested Wednesday, for Crosby to take a hard look at not when — but if — he should return to the game.

"When there have been multiple concussions, the chance of having persisting symptoms goes up terrifically," said Dr. Charles Tator, the director of the Canadian Concussion Centre at Toronto Western Hospital. "So we're especially careful about helping people avoid further concussions.

"If he were an amateur, we would probably tell him to hang up his skates."

Crosby was out of action for almost a year after suffering a pair of head injuries in early 2011. He suffered another concussion last October but only missed two weeks of action.

Dr. Paul Echlin, a primary care sports medicine specialist in Burlington, Ont., and past chair of the London Hockey Concussion Summit, said a fourth concussion is very concerning. At that point, Echlin said, long-term effects need to be considered.

THE CANADIAN PRESS

CHAMPIONS LEAGUE

Juventus successful on counter attack

Record-signing Gonzalo Higuain scored two opportunistic goals and veteran goalkeeper Gianluigi Buffon made some crucial saves as Juventus won 2-0 at Monaco to take a commanding lead from the first leg of their Champions League semifinal on Wednesday.

Juventus gave a master class in how to withstand pressure and then punish on the counter attack, with both of Higuain's goals coming after good Monaco spells. THE ASSOCIATED PRESS

Gonzalo Higuain scored both Junventus goals on Wednesday. FRANCK FIFE/AFP/GETTY IMAGES

IN BRIEF

NYCFC locks up Villa for one more year

Spanish striker David Villa has extended his contract with Major League Soccer's New York City FC for one year through the 2018 season.

The deal with the 35-year-old was announced by the team on Wednesday. Villa, the 2016 MLS MVP, is earning $5.61 million this season.

Villa has 46 goals in 70 games, including five in seven matches this season.

THE ASSOCIATED PRESS

GOLF

Romo takes shot at U.S. Open qualifier

Tony Romo's next pursuit of a championship will be in golf.

And it's a long shot.

A month after the Dallas Cowboys quarterback retired, Romo is among nearly 9,500 players who signed up for the U.S. Open. He plays an 18-hole local qualifier Monday at Split Rail Links and Golf Club about 30 minutes west of Fort Worth, Texas.

If he advances, the next step is sectional qualifying on June 5 to get into the U.S. Open at Erin Hills in Wisconsin.

Tony Romo GETTY IMAGES

This isn't the first time Romo has tried to qualify. He made it out of local qualifying in 2010. In a 36-hole sectional qualifier where only two of the 35 players advanced, Romo opened with a 71 and withdrew in the afternoon after two weather delays. THE ASSOCIATED PRESS

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MAKE IT TONIGHT

Simple Egg Drop Soup

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You can serve this tasty and healthy soup as a starter or on its own when you feeling like eating light.

Ready in 20 minutes
Prep time: 10 minutes
Cook time: 10 minutes
Serves 4

Ingredients
- 4 cups (950 ml) low sodium chicken broth
- 1/2 cup (120 ml) chopped asparagus
- 2 Tbsp (30 ml) unsalted butter
- 1/4 cup (60 ml) chopped onion
- 2 eggs, beaten
- 1/4 cup (60 ml) fresh grated Parmesan cheese, extra for garnish
- sea salt and pepper to taste

Directions

1. In a large pot, place butter, asparagus and onion. Saute until vegetables are soft, but crisp. Add broth and bring to a simmer, allow to simmer for 5 minutes.

2. Meanwhile, beat eggs and add Parmesan cheese. Then drizzle eggs into broth. Lightly stir until eggs are cooked. Lower heat and allow to cook another 5 minutes.

3. Ladle into bowls, sprinkle top with Parmesan and serve.

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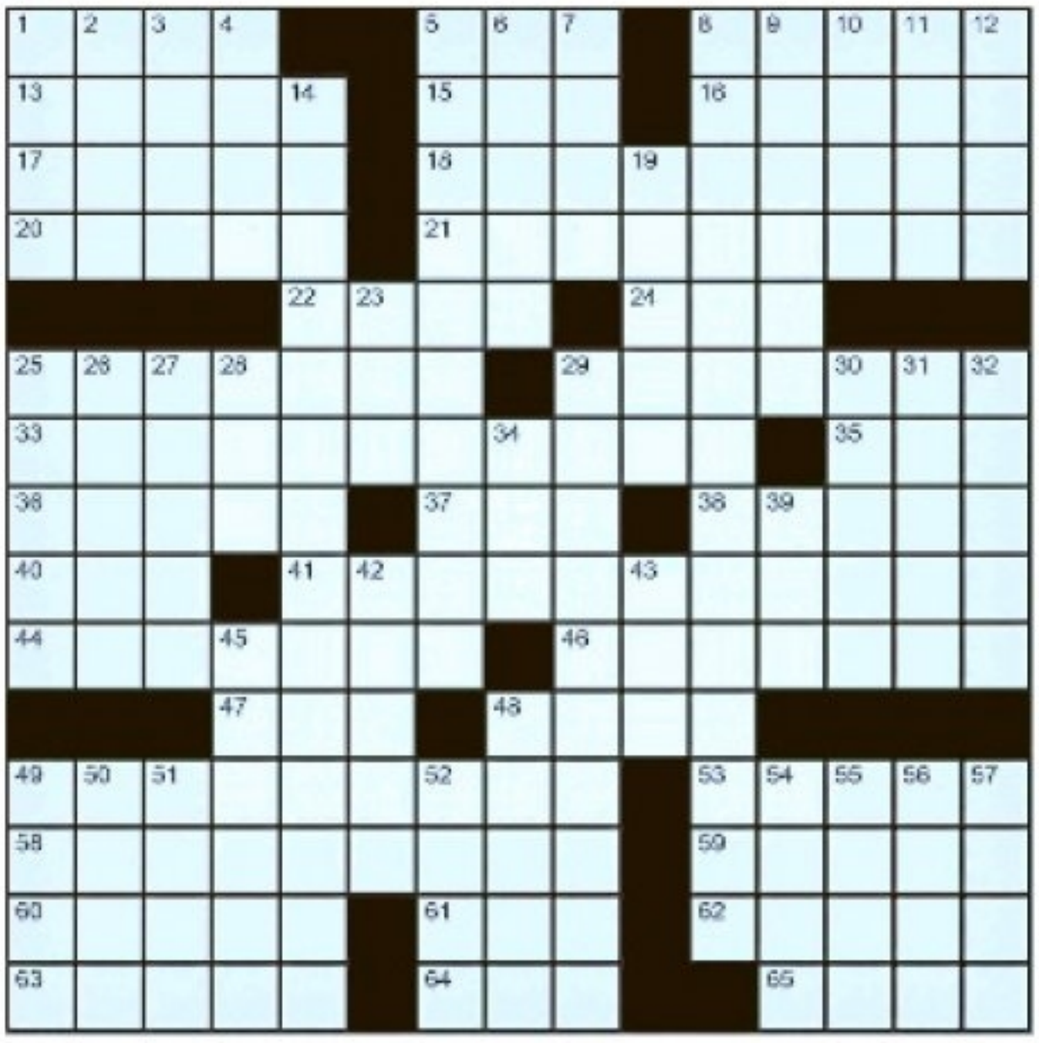
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Nautical hook
5. 1998: "Doo _ (That Thing)" by Lauryn Hill
8. Wetland
13. Rig out
15. 'Capital' suffix (Profit)
16. Ms. Reid's
17. Countrified
18. Thwarters/skeptics
20. Mediterranean island
21. Makes more noise than the other noises: 2 wds.
22. "Ick."
24. Yalie
25. Old Testament book
29. "I've _ _!" (This is a scam!)
33. 1860: It's the oldest building still standing in Saskatchewan, _ _ Anglican Church
35. 'To hear' in Spain
36. Surf, _ _ wave
37. Deorbited space station
38. Jovial
40. 'Capri' suffix
41. "Ordinary Day" band from Newfoundland: 3 wds.
44. Artistically cultivated garden sights
46. Scaring-sounding snakes, say
47. Trendy
48. Goes bad, as food
49. Event planner
53. Little land form on water
58. Magazines/papers selling spot
59. _ oil
60. "Dancing with the Stars" alum Ms. Sliwinska
61. Maiden name indicator
62. 'frisco footballer
63. Bombardier's 3-wheel motorcycle, _-_ Spyder
64. "_ out!" (Ump's call)
65. Curls-from-a-box

DOWN
1. Wheat _
2. Ocean's blue hue
3. Roll up a flag
4. Automaker of Italy
5. Lovely sounders of the porch: 2 wds.
6. Arkansas/Missouri/Oklahoma: _ Mountains
7. The Smurfs creator
8. Northern community on the Churchill River where #33-Across is located: 2 wds.
9. Methods of entering a building: 2 wds.
10. 'Mars'-meaning prefix
11. Designation in the name of merchant ships of Japan meaning 'circle'
12. "Hey..."
14. It was never quite said this way in "Casablanca" (1942): 4 wds.
19. Angelic
23. 'Jag' add-on (Big spotted cat)
25. Laura stretched out this catchphrase on "The Dick Van Dyke Show": 2 wds.
26. Librettist for Verdi's 1893 opera Falstaff, Arrigo _
27. Astronaut Neil Armstrong's middle name
28. Hair hue-er
29. Only child, oldest, middle or youngest refers to what?: 2 wds.
30. Rancher's ride
31. Ventilator
32. _ _ a bone
34. Ms. Peeples
39. For instances [abbr.]
42. Little Richard's "_ _ Up"
43. Fragment
45. Soft drink brand
48. Ms. Zellweger
49. What 'CANADA' has in its spelling: wd. + letter
50. Hester Prynne's stigma: wd. + letter
51. Ms. Paltrow, briefly
52. Whacky
54. Faux pas
55. Wrinkle
56. "By any chance?"
57. Condition

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Be patient today, especially with coworkers. And also be patient with your pets, as strange as that might sound. This is because late in the day and into the evening, it will be easy to become angry.

Taurus April 21 - May 21
Parents will have to be patient with their kids today, especially late in the day, because arguments can arise easily. Likewise, romantic spats might take place between lovers.

Gemini May 22 - June 21
Life is easier if you maintain peace at home. Don't make a big deal about anything today, especially with a female family member. By evening, people are touchy and edgy.

Cancer June 22 - July 23
Today you are more inclined to go with your hunches and your feelings instead of your logic. However, this might make you overreact to something this evening because your feelings are strong. Use caution.

Leo July 24 - Aug. 23
Quarrels about money or possessions might take place late in the day. Don't get sucked into this; it's a brief influence — let it pass.

Virgo Aug. 24 - Sept. 23
Today the Moon is in your sign, which can make you more emotional than usual. By evening, it is at odds with fiery Mars, which can promote arguments. Be patient.

Libra Sept. 24 - Oct. 23
This is a good day for research. In particular, you will pay attention to detail. Ignore feelings of frustration late in the day.

Scorpio Oct. 24 - Nov. 22
You might have difficulty with a female acquaintance or friend this evening. Don't let anything get out of hand. Keep things light.

Sagittarius Nov. 23 - Dec. 21
Difficulties with a boss or parent might occur late today or this evening. Be tolerant and patient, because you have to deal with these people every day.

Capricorn Dec. 22 - Jan. 20
Avoid controversial subjects like politics, religion and racial issues today, because they will develop into arguments by evening. Who needs this? Not you.

Aquarius Jan. 21 - Feb. 19
Disputes about shared property, taxes, debt and inheritances might take place today, especially tonight. Don't let this ruin your evening. Keep smiling.

Pisces
Feb. 20 - March 20
You have to go more than halfway when dealing with others today, because the Moon is opposite your sign. Don't get sucked into an argument this evening.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		7		5		3		
		1			8		6	
5	9		1	4				2
		6	8				7	
7		5				1		3
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	7		3			6		
		2		7		9		

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YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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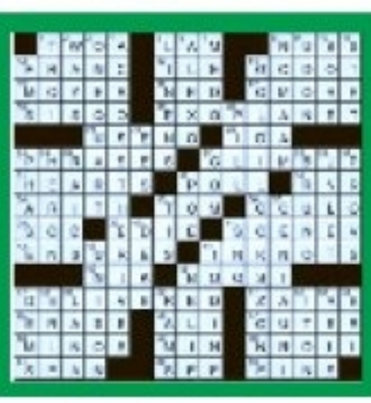

8	4	3	5	1	9	7	2	6
6	5	1	2	7	4	3	9	8
9	7	2	3	6	8	1	5	4
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5	1	9	4	8	2	6	7	3
2	3	8	6	5	7	4	1	9
1	2	4	7	9	6	8	3	5
7	9	5	8	4	3	2	6	1
3	8	6	1	2	5	9	4	7

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